



Purebred Jiu-Jitsu HQ: Stranger Danger Safety Guide

What is a Stranger?

- A stranger is someone we do not know.
- Not all strangers look scary or bad. Some may look kind or friendly - but if we don't know them, they are still a stranger.
- It's okay to be polite, but it's not okay to go anywhere with someone you don't know.

Stay Close to Safe Adults

- Always stay close to Mommy, Daddy, or a trusted adult.
- If you ever get lost or feel unsafe, find a police officer, teacher, or a store worker with a name tag and ask for help.

Important Rules for Kids (3-5 years old)

1. Never go anywhere with a stranger.
2. Don't take candy, toys, or gifts from someone you don't know.
3. If someone makes you feel scared or uncomfortable, say 'NO!' loudly and run to a safe adult.
4. Know your full name, your parents' names, and their phone number.
5. Always tell Mommy or Daddy where you are going and who you are with.

Practice Makes Us Strong

- Parents and kids should practice scenarios at home:
 - What to do if a stranger talks to you.
 - How to yell, say no, and run to safety.
 - Practice using a family password before going with anyone.

What Parents Can Do

- Reinforce stranger danger conversations in a calm, regular way.
- Teach your child the difference between good touch and bad touch.
- Keep communication open - let your child know they can always come to you.
- Praise them for asking questions or remembering what to do.

****Remember****: This is not about fear. It's about safety, awareness, and confidence.

Together, we build strong, smart, and safe kids.

Stay safe. Stay aware. Stay strong. - The Purebred Jiu-Jitsu HQ Family